

# Brett Francis

***Stress Management,  
Communications and Emotional  
Intelligence Expert / Trainer /  
Speaker***

## **Reduce Stress, Increase Productivity and Profits**

One million employees miss work each day from stress related issues. Economic loss due to chronic stress in America is 193.2 billion dollars per year. Employers gain 7 dollars for every dollar invested in staff emotional well being.



**Brett Francis, best-selling author, speaker, trainer/coach, and recognized TV and radio host, has been successfully helping businesses and corporations to reduce employee stress, create positive work place environments and increase overall productivity for 10 years.**

**A sought after trainer and consultant, Brett Francis clearly outlines an implementable methodology that quickly transforms team performance, efficiency and communication, while reducing overall stress.**



**cbc.ca Walmart \* NETFLIX**

## **Keynotes, Seminars, Lunch & Learns Half-Day Seminars**

- ☐ Increase Productivity Reducing Stress - 3 Steps for a More Successful Business
- ☐ Advance Team Performance by Improving Communication and Decision Making
- ☐ How to Create Connections to Decrease Conflict, Increase Engagement and Retention
- ☐ Customized Programs



**Mental Health  
Australia**



**"Brett is one of the most engaging speakers we've ever had. I would encourage anyone and everyone to book Brett for any and all events, you will definitely not be disappointed!"**  
**Sarah, CEO - Canadian Council on Rehabilitation and Work**

**"Brett was a wealth of information and knowledge, she also has just the right amount of grit to make her highly interesting and engaging. I'd highly endorse Brett for any and all of your speaking needs."**

**Coralee, HR - Southern School Divison**

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